# **Mental Health Newsletter March 2023**

This newsletter covers practices' performance from 1<sup>st</sup> April 2022 up to 28<sup>th</sup> February 2023, on the elements of the Mental Health contract that are based on collective practice achievement; Depression Reviews, Anti-psych (non-SMI) Reviews and SMI Reviews.

Practices are encouraged to focus on Anti-Psych reviews, as we have yet to achieve the minimum target of 55%. Once this has been achieved, funding will be released allowing subsequent practice payments according to individual percentage achievement (see Total and GPC payment in Pic 1. below).

\*\*A table of review elements and their corresponding decline codes have been included near the end of this newsletter\*\*

<u>Please Note:</u> Below is an adaptation of the February 2023 CEG dashboard designed to be in *read only* format. The data highlights areas practices will need to focus on over the next couple of weeks, detailing practice progress alongside target shortfalls and quick wins to boost achievement.

PIC 1.

February 2023	<b>DEPRESS</b>	ION RE	VIEW					ANTI-PSYCH (	(NON-SM	II) REVIE	w				SMI REVIE	W					
Organisation Name	Current	MHA D	epression	Review +		No. of Reviews	Number of	Current Non-SN					No. of Reviews	Number of	SMI					No. of Reviews	Number of
_	Antidepre		•	neview .	Pavment	to reach 36%	Patients with 1	& Anti-Psych	Activity		· · · · · · · · · · · · · · · · · · ·	Payment	to reach 73%	Patients with 1	excluding in	SMI Rev	view + Activi	ty [73%] (FY)	Payment	to reach 73%	Patients with 1
	ssants	, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		%Achieved			Missing Indicator	Medication	7.00.010,		%Achieved	. cyment	Practice Target				%Total	%Achieved		Practice Target	
Allerton Road Surgery	257	104		%ACHIEVED	£ 2.082.01	0	16		0 2	76 TOLAT		£ -	3	1	77	50	76 TOTAL 29		£ 1,129.89	_	0
Athena Medical Centre	228			5/19/	£ 2,442.36	0	14		18 8	29/	44%	£ .	5	2	65		19		£ 1,129.09	22	9
Barretts Grove Surgery	296	219		74%	£ 4,384.24	0	18		11 9	2%	82%	f -	0	5	67		19		£ 949.11	7	7
Barton House Health Centre	722			51%	£ 7,407.16	0	12		26 21		81%	f -	0	2	213		69		£ 3,615.65		6
Beechwood Medical Centre	139			42%	£ 1.161.12	0	15		15 6	1%	40%	f -	5	2	76				f -	22	17
Brooke Road Surgery	272			82%	£ 4,484,34	0	11		11 10		91%	£ -	0	0	52		29	_	£ 1.016.90		4
Cedar Practice	412			52%	£ 4.284.14	0	8		28 24		86%	£ -	0	0	160					0	2
Clapton Surgery	205	132		64%	£ 2.642.56	0	6		14 9	2%		£ -	1	1	56		29				3
Cranwich Road Surgery	185			72%	£ 2.662.58	0	18		<b>16</b> 13		81%	£ -	0	1	49		19		£ 836.12	0	2
Dalston Practice	335	171		51%	£ 3,423.31	0	24		8 1	0%	13%	£ -	5	2	86		29	6 679	£ 1,310.67	5	8
De Beauvoir Surgery	458			46%	£ 4,184.05	0	61	2	21 7	1%	38%	£ -	8	3	98		19			35	16
Elm Practice	148			64%	f 1,881.82	0	18		15 10	2%	67%	£ -	1	0	33				£ -	6	1
Elsdale Street Surgery	443			59%	£ 5,265.09	0	57		22 16		73%	£ -	0	1	115		39	6 779	f 1,988.61	0	1
Gadhvi Practice	190			64%	£ 2,442.36	0	12		20 11		55%	£ -	4	1	50		19	6 52%	£ -	11	2
Greenhouse Health Centre	156			33%	£ 850.83	5	23		32 4	1%	13%	£ -	19	5	81	18	19	6 229	£ -	41	17
Healy Medical Centre	264	122	1.5%	46%	£ 2,442.36	0	15		9 6	1%	67%	£ -	1	1	100	44	29	6 449	£ -	29	5
Heron Practice	757	436	5.3%	58%	£ 8,728.44	0	60	2	24 15	3%	63%	£ -	3	3	186	133	59	6 729	£ 3,005.51	3	17
Hoxton Surgery	359	127	1.6%	35%	£ 2,118.74	2	39	1	15 11	2%	73%	£ -	0	0	85	60	29	6 719	£ 1,355.87	2	0
Kingsmead Healthcare	265	194	2.4%	73%	£ 3,883.76	0	20	2	24 15	3%	63%	£ -	3	5	83	51	29	6 619	£ 1,152.49	10	14
Latimer Health Centre	199	169	2.1%	85%	£ 3,383.27	0	4	1	13 9	2%	69%	£ -	1	1	69	69	29	6 1009	£ 1,559.25	0	0
Lawson Practice	872	341	4.2%	39%	£ 6,826.60	0	61	5	56 22	4%	39%	£ -	19	9	261	173	69	6 669	£ 3,909.42	18	35
Lea Surgery	570	307	3.8%	54%	£ 6,145.94	0	35	3	32 24	5%	75%	£ -	0	1	115	84	39	6 739	f 1,898.21	0	8
London Fields Medical Centre	662	241	3.0%	36%	£ 4,824.67	0	13	2	29 21	4%	72%	£ -	0	1	150	110	49	6 739	£ 2,485.76	0	3
Lower Clapton Health Centre	958	491	6.0%	51%	£ 9,829.51	0	69	5	57 24	5%	42%	£ -	18	7	277	99	49	6 36%	£ -	103	36
Neaman Practice	421	180	2.2%	43%	£ 3,603.49	0	57	2	20 5	1%	25%	£ -	10	5	68	19	19	6 289	£ -	31	10
Nightingale Practice	677	331	4.1%	49%	£ 6,626.41	0	36	4	<b>46</b> 26	5%	57%	£ -	8	0	205	143	59	6 709	£ 3,231.48	7	3
Queensbridge Group Practice	536	201	2.5%	38%	£ 4,023.89	0	53	2	21 7	1%	33%	£ -	8	5	126	50	29	6 40%	£ -	42	9
Richmond Road Medical Center	1027	226	2.8%	22%	f 3,161.81	144	114	3	38 16	3%	42%	£ -	12	4	131	86	39	669	£ 1,943.41	10	11
Riverside Practice	202	104		51%	£ 2,082.01	0	13		<b>11</b> 9	2%	82%	£ -	0	0	63		29		f 1,129.89		2
Rosewood Practice	87			92%	£ 1,601.55	0	1		5 4	1%	80%	£ -	0	0	16		09		£ 293.77	0	1
Sandringham Road Practice	237	102		43%	£ 2,041.98	0	21		7 3	1%	43%	£ -	2	2	89		29		£ 1,581.85	0	6
Shoreditch Park Surgery	421			38%	£ 3,163.06	0	51		25 3	1%	12%	£ -	15	0	111		29		£ -	21	5
Somerford Grove Health Centre	679			69%	£ 9,329.02	0	47		39 32		82 <mark>%</mark>	£ -	0	2	160				£ 2,756.93	0	5
Spring Hill Practice	623			43%	£ 5,425.25	0	20		30 17		57%	£ -	5	0	215		59		,	1	8
Stamford Hill Group Practice	403			70%	£ 5,645.46	0	22		41 31	. 6%	76%	£ -	0	1	116		49		- 1		4
Statham Grove Surgery	581	233		40%	£ 4,664.51	0	47		20 4	1%	20%	£ -	11	4	74		19	_	£ -	29	13
Trowbridge Practice	352			52%	£ 3,643.52	0	46		20 10		50%	£ -	5	6	92		29		2 2,000.07	7	5
Well Street Surgery	893	422		47%	£ 8,448.17	0	81		<b>59</b> 33	6%		£ -	10	2	270		79		£ 4,203.19	11	3
Wick Health Centre	486	8	0.1%	2%	_	167	7		54 9	2%	17%	£ -	30	5	132		19		£ -	55	36
Total	16977	8160		48%	£ 161,241.40			96	60 508	100%	6 <b>53</b> %	£ -			4472	2812	1009	639	£52,359.09		
					£ 2,116.60							£ -							£11,185.91		
					£ 163,358.00							£ -							£63,545.00		
					£ 87,125.00							£ 15,886.00							6 £63,545.00		
					£ 114,161.00							£ 19,487.00							6 £74,136.00		
					£ 136,133.00						73%	£ 22,770.00	)					739	6 £84,727.00		
				36%	£ 163,358.00																

# PIC 1. KEY:

	Red Minimum target has not been met, increase in activity required. Currently no payment X								
% Achieved	Yellow Minimum target achieved. Keep going for higher target!								
	Minimum target met and on track to achieve higher target. Keep going to maximise payment!								
	Green Higher target achieved ✓								
Number of Reviews to reach	Number of completed patient reviews required to achieve maximum target.								
practice target									
	Patients already seen that are missing one element of the physical health check activity to complete their review.								
	Please run the following CEG support searches to view patients with one missing indicator.								
Number of Patients with 1 Missing Indicator  (**Quick Wins**)	CCG08} Mental Health v11.5  iii 00 Payment Indicators [in last 12m]  iii 00 Payment Indicators [in Year]  iii 01 Support & Recall  iii Depression Reviews - missing one indicator  iii On anti-psychotic non SMI - missing one indicator  iii SMI Reviews - missing one indicator								
	Red Minimum target threshold not met across all practices, currently no payments will be made due to low performance.								
Total & GPC Payment	Individual practices falling below minimum targets to please review and increase activity before year end.								
	Green Maximum target achieved across all practices. Funds released for practices rated Yellow, Amber, and Green.								
	Yellow Minimum target achieved across all practices. Fund released for practices rated Yellow, Amber, and Green.								

# **REVIEW ELEMENTS & PCAs/DECLINE CODES**

PIC 2.

	Med Review			HbA1c	Smoking Status	Alcohol Status			Social Prescribing	Talking Therapy (IAPT)	Depression / Wellbeing Leaflet	Depression Review coded	PKB (digital) or Paper Care Plan	
	GP or Pharmacist	HCA (Physical)	HCA (Physical)	HCA (Physical)	HCA (Physical)	HCA/GP/Nurse/Pharmacist/ Physicians Associate	HCA/GP/ Nurse/ Pharmacist /Physicians Associate	HCA/GP/ Nurse/ Pharmacist/ Physicians Associate	GP or Nurse/ Pharmacist / Physicians Associate trained in MH	GP or Nurse/Pharmacist/Physicians Associate <b>trained in MH</b>	GP or Nurse/Pharmacist/Physicians Associate <i>trained in MH</i>	GP or Nurse/ Pharmacist/ Physicians Associate trained in MH	GP or Nurse/ Pharmacist/ Physicians Associate trained in MH	HCA/GP/ Nurse/ Pharmacist/ Physicians Associate
Depression Reviews	1					*	✓			✓	<b>✓</b>	✓	<b>&gt;</b>	
Anti-Psychotic Reviews	1	~	`	•	*	*	<b>✓</b>	1	1					*
SMI Reviews	1	1	<b>&gt;</b>	*	✓	*	✓	<b>√</b>	1					✓
Can be remote activity by Text/Telephone	Telephone					Text or Telephone	Text or Tel	Telephone	Telephone	Telephone	Telephone	Telephone		Telephone
PCAs/Decline codes	Medication review declined Concept ID: 41275004 Description ID: 2474283017		Body height measurement declined Concept ID: 10375.11000000103 Description ID: 261850100000117 Body weight measurement declined Concept ID: 736013005 Description ID: 3516041013	QRISK cardiovascular disease risk assessment declined Concept ID: 8872410000010 Description ID: 219675100000110 QRISK cardiovascular disease risk assessment declined Concept ID: 82724100000013 Description ID: 214146100000119 Cholesterol test declined Concept ID: 203151000000112 Blood test declined Concept ID: 116471000119100 Description ID: 3433075019	Blood glucose test declined Concept ID: 698473004 Description ID: 2974563012 Blood test declined Concept ID: 116471000119100 Description ID: 3433075019	Excepted from smoking quality indicators - patient unsulfable Concept ID: 71639L00000118 Description ID: 156894100000118 Excepted from smoking quality indicators - informed dissent Concept ID: 71771000000108 Description ID: 1570301000000112 Declined to give smoking status Concept ID: 1098881000000113 Description ID: 2751171000000114	Alcohol assessment declined Concept ID: 36173100000101 Description ID: 68174100000116	Concept ID: 102475100000113  Exercise assessment declined Concept ID: 58773100000113  Exercise assessment declined Concept ID: 36477100000106 Description ID: 66671100000111  No code for nutritional status		Signposting to social prescribing service Concept ID: 1084/281000000109 Description ID: 271/201000000119 Social prescribing offered Concept ID: 871/69100000107 Description ID: 225/201100000117 Social prescribing declined Concept ID: 871/71100000113 Description ID: 225/2051000000118	Sign posting to IAPT (Improving Access to Psychological Therapies) service Concept ID: 105379100000118 Description ID: 265227100000116 Referral to IAPT (Improving Access to Psychological Therapies) programme offered Concept ID: 1363001000000106 Description ID: 2881131000000117 Referral to IAPT (Improving access to psychological therapies) programme declined Concept ID: 84260100000113	N/A	N/A	N/A

Several PCAs/decline codes pictured in the table above can be found on the 'RP LTC City and Hackney CEG v53' template (PIC 4. and PIC 5.). The following picking list (PIC 3.) has also been added to the SMI and Anti-psychotic pages on the LTC template.

# PIC 3.

If patient declines assessments code below:

Declined assessments	l		~	
		Body weight measurement declined Body height measurement declined		ı
If doing point of care testing code below	С	Blood pressure procedure refused		
Point of care testing		Exercise assessment declined		
		Declined to give smoking status		
*HbA1c	F	Alcohol assessment declined		н
HDATC	G	Substance misuse assessment declined		
**	Н	Medication review declined		
*Serum cholesterol	-			

### PIC 4.

Pages «	OR
Main Page	**Substance misuse assessment declined
Invitation - Administration	**Follow Up Intervention for Substance Misuse
Lab Results	☐ Oral health education
**CARDIOVASCULAR REVIEW	Oral Health Promotion Resources
**DIABETES REVIEW	Emotional Wellbeing Patient Information leaflet given
**SMI REVIEW	Emotional Wellbeing Patient Information Leaflet Core Sports

# PIC 5. Adult Immunisations Wider Determinants Carers Details Communication Support Diagnosing Hypertension ABPM QOF PCAs (incl resolved codes) Treatment OTC/Exceptions PHQ9/GAD-7 GROUP CONSULTATION Dashboards Version

- 1		,										
	Mental Health Exclusions											
	*Exception Reason	~	No previous entry									
	If patients are in <b>remission</b> please use codes below. <b>QOF</b> advise using these codes if the patient has been in <b>remission for at least 5 year</b> that is where there is:  • No record of antipsychotic medication  • No Mental Health in-patient episodes  No secondary or community care Mental Health follow up for at least five years											
	*Schizophrenia in remission		No previous entry									
	*Bipolar affective disorder in remission		No previous entry									
	*Major depressive episodes with psychosis in remission		No previous entry									
	☐ Body height measurement declined		No previous entry									
	Body weight measurement declined		No previous entry									
	☐ Blood pressure procedure refused		No previous entry									
	☐ Cholesterol test declined		No previous entry									
	☐ Blood glucose test declined		No previous entry									

If you need any help or support or have any queries, please contact Naeila Shahzad - <a href="mailto:naeila.shahzad@nhs.net">naeila.shahzad@nhs.net</a> or Amaia Portelli - <a href="mailto:amaia.portelli@nhs.net">amaia.portelli@nhs.net</a>